

MYERS-BRIGGS TYPE INDICATOR (MBTI)

- Circle the letter of the phrase that you prefer.
- In some cases, both may seem preferable or neither will be preferable. Try to make the best choice between the two.
- Total your scores for each section and record your type in the blanks below.

I prefer...

1. A. loud parties OR B. quiet gatherings of friends
2. A. working on a project OR B. thinking about an idea
3. A. working with others OR B. working alone
4. A. managing many projects OR B. focusing on one project
5. A. talking about an idea OR B. writing about an idea
6. A. discussion classes OR B. lecture classes
7. A. outgoing people OR B. reflective people
8. A. being part of a crowd OR B. being alone

Total A responses _____ = EXTRAVERT
Total B responses _____ = INTROVERT

I prefer...

1. A. practical applications of ideas OR B. theoretical considerations of a topic
2. A. lab courses/hands-on projects OR B. reading and listening
3. A. factual descriptions OR B. metaphorical descriptions
4. A. proven solutions OR B. untried solutions
5. A. to go places that I have been to OR B. to go to new places before
6. A. to attend to details OR B. to focus on main ideas
7. A. tasks in which I achieve goals quickly OR B. accomplishing goals over an extended period
8. A. information derived from logic OR B. information that results from conclusions

Total A responses _____ = SENSING
Total B responses _____ = INTUITIVE

I prefer...

1. A. self-satisfaction in a job OR B. appreciation of others for a job well done
2. A. multiple-choice tests OR B. essay tests
3. A. logical arguments OR B. emotional appeals
4. A. impartial people OR B. compassionate people
5. A. rules and standards OR B. negotiation and compromise
6. A. for people to follow the rules OR B. to allow for exceptions to rules
7. A. professional expertise OR B. helpful attitude
8. A. to make decisions based on logic OR B. to let my heart influence a decision

Total A responses _____ = THINKING
Total B responses _____ = FEELING

I prefer...

1. A. to be on time OR B. to get places when I get there
2. A. well-thought-out decisions OR B. spur-of-the-moment decisions
3. A. organization OR B. flexibility
4. A. expected activities OR B. improvised activities
5. A. structured assignments OR B. unstructured assignments
6. A. step-by-step approaches OR B. random approaches
7. A. planned parties OR B. surprise parties
8. A. serious people OR B. casual people

Total A responses _____ = JUDGING
Total B responses _____ = PERCEIVING

CHECK OUT MORE ACADEMIC RESOURCES ON OUR WEBSITE:

<http://studentsuccess.louisiana.edu/tutoringresources>

MYERS-BRIGGS TYPE INDICATOR (MBTI)

Extraversion (E)

- Likes to work with others
- Relatively short attention span
- Learns what instructor wants
- Acts quickly, but sometimes without completely thinking a situation through
- Prefers variety and active learning opportunities
- Prefers many activities or ideas to in-depth treatment of one idea
- Becomes impatient when working on long-term tasks

Sensing (S)

- Prefers a step-by step approach
- Oriented to the present
- Likes to refine current skills
- Prefers realistic application
- Attentive to detail
- Patient
- Works steadily
- Prefers goal-oriented tasks
- Prefers direct experience
- Prepares well for tests involving practical application
- Likes audio-visuals
- Prefers to involve senses (underlining, flash cards, and recitation)
- Needs to know rationale for a task before beginning
- Prefers to study from old tests

Thinking (T)

- Objective
- Task-oriented
- Firm
- Motivated by desire for achievement
- Applies standard criteria for evaluation
- Looks for organizational structure

Judging (J)

- Goal-oriented
- Prefers structure of deadlines
- Limits commitment
- Prefers to work on one task at a time
- Prefers closure in order to make decisions
- Persistent
- Rigid
- Perfectionist
- Prefers to play after work is completed
- Product more important than process
- Enjoys planning and organizing
- Likes to know only what is needed to accomplish a task

Introversion (I)

- Prefers to work alone
- Can concentrate for long periods of time.
- Sets personal standards
- May delay action to think until too late to complete
- Prefers quiet, uninterrupted study site
- Prefers in-depth treatment of activities or ideas
- Able to follow through until completion of long-term tasks

Intuition (N)

- Tends to use a roundabout approach Oriented to the future
- Becomes bored after mastering a skill
- Prefers imaginative application
- Attentive to “big picture”
- Restless
- Works in bursts of energy
- Prefers open-ended assignments
- Prefers reading or thinking
- Prepares well for tests involving theoretical application
- Likes mental visualization and memory activities
- Prefers to involve right-brain strategies (mapping, drawing, charting)
- Comfortable with incomplete understanding of a task; believes task will “come together” after time

Feeling (F)

- Subjective
- Considers personal values
- Flexible
- Motivated by desire to be appreciated
- Applies personal criteria for evaluation
- Looks for personal relevancy

Perceiving (P)

- Self-directed
- Prefers flexibility in completing tasks
- Tends to over-commit
- Starts several tasks at once
- Delays closure in order to gather more information
- Distracted
- Flexible
- Tolerant of imperfection
- Prefers to play first and work later (if time permits)
- Process more important than product
- Enjoys thinking and adapting
- Likes to know everything before beginning a task